



PSYCHOLOGICAL SAFETY

MANAGER LEVEL WORKSHOP

Prioritising mental health is crucial. The Psychological Health Regulations and Codes of Practice in Australia combat psychosocial hazards, requiring leaders to understand and implement these standards to avoid legal issues and uphold their reputation. Our workshop equips leaders to create a psychologically safe workplace, enhancing employee wellbeing and fostering a supportive environment. Don't miss this essential workshop.



LYSANDER

Finalists in Best Leadership Development Program 2019 & 2022:

CHAMPIONING MENTAL HEALTH: ADDRESSING MANDATORY AND MORAL DUTIES

Participants will discover how to forge a psychologically secure workplace by nurturing open communication, mutual respect, and trust among team members. We'll delve into psychosocial hazards, exploring their manifestations in the workplace and the potential ramifications on employee health and wellbeing. Empowered with newfound knowledge, leaders will depart poised to champion holistic wellbeing and cultivate a psychologically safe work environment within their organisations.

Upon completing this transformative workshop, participants will be empowered to:

- Comprehend and convey the Psychosocial Hazards legislation's key components, illuminating its profound impact on organisations while outlining essential steps for cultivating a psychologically safe workplace
- Emphasise the critical importance of addressing both mandatory and moral obligations tied to psychosocial hazards, articulating the powerful influence of psychological safety on employee wellbeing, engagement, and productivity
- Champion open communication, respect, and trust among team members, while identifying and addressing the manifestations of psychosocial hazards in the workplace and their potential consequences on employee health and wellbeing
- Adopt a holistic approach to promoting wellbeing within their organisation, emphasising the interconnectedness of physical, mental, and social wellbeing, and contribute to a psychologically safe work environment by modelling supportive behaviours and attitudes
- Recognise the pivotal role of workplace culture in shaping psychological safety, and inspire a culture that genuinely values and supports employee wellbeing and mental health.



WHAT'S INVOLVED IN EACH WORKSHOP?

Participants will learn how to create a psychologically safe workplace by promoting open communication, respect, accountability and trust among team members.



HOW LONG DO THE WORKSHOPS GO FOR?

This workshop is designed for people leaders who need practical, working knowledge of the Psychosocial Hazards legislation, and are responsible for creating safe and healthy work environments.



WHO SHOULD ATTEND?

This workshop is for everyone, including Workplace Health & Safety Professionals, Human Resources, Change Champions and leaders at any level.